#### Project HOME Certified Peer Specialist Training FAQ

(215) 356-5570 martinwiley@projecthome.org

Apply here <u>https://forms.gle/aGJihGC2GEMrkoTUA</u> or text "CPS" to (267) 289-2243 for the link

## Q: Should I apply for the CPS training?

A: You should, if you are planning to work as a Certified Peer Specialist *and* you self-identify as struggling with serious mental illness or emotional disturbance.

### Q: Is there a cost?

A: No. The boot camp and training are free. This includes getting your certification.

## Q: Who is eligible for this training?

A: You must meet <u>all</u> of the following requirements

- □ Be 18+ years old
- □ Self-identify as struggling with serious mental illness or emotional disturbance
- □ Have 12 total months of work or volunteer experience over the past 2 years
- □ Have your high school diploma, GED, or HiSET

# Q: What are all of the parts of the application?

A: First complete the initial intake.

1) The initial intake application <a href="https://forms.gle/aGJihGC2GEMrkoTUA">https://forms.gle/aGJihGC2GEMrkoTUA</a>

Then we will be in touch about getting the rest of the application (but maybe start gathering things like the reference letter, etc. ahead of time)

- 2) Short response experience and interest questions
- 3) Copy/scan of your high school diploma or GED (or transcript)
- 4) Copy/scan of your current state ID, driver's license, military ID, or passport
- 5) A recommendation letter from someone who knows you and can vouch for you as a potential peer supporter (e.g. supervisor, teacher or clergy)
- 6) Your resume
- 7) An interest conversation with an employment specialist (we'll schedule this)

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### Q: Wow, there are a lot of parts to application process?

A: Yes, but it's worth working through. The training is really good. And the work is important.

Reach out to us if you get stuck on any part of the application.

## <u>Q: How can I prepare for the student interest conversation?</u>

A: You should be prepared to talk about:

- a) Why you are interested in becoming a Certified Peer Specialist.
- b) What types of jobs you are planning to apply for once you have your certification.
- c) What are strengths and life experience that you will bring to your work.
- d) What concerns you have about your ability to complete the bootcamp and training.

# Q: How will I know if I got into the CPS training?

A: We will reach out to everyone.

# <u>Q: When is the application deadline?</u>

A: We will be accepting applications on a rolling basis. But, sooner is better. If you think you might be interested, apply now.

# <u>Q: Will I have to attend every day?</u>

A: Yes. You are required to attend class every day, as well as the orientation.

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### Q: What exactly is covered in the training.

A: The first couple weeks focus on computer and workforce skills.

Then, the main CPS part of the training covers the topics below.

- 1) Recovery Planning and Collaboration
  - a) Recovery planning: goals, etc.
  - b) WRAP
  - c) Documentation
  - d) Wellness tools
  - e) Relapse prevention/signs
  - f) Daily maintenance plans
- 2) Ethical Responsibility & Professionalism
  - a) Boundaries
  - b) Ethics
  - c) Confidentiality
  - d) Self-care
  - e) Mandated reporting
- 3) Person-Centered and Relationship-Focused
  - a) Trauma-informed
  - b) Communication
  - c) Story telling/self-disclosure
  - d) Self-advocacy
  - e) Links to resources
  - f) Stigma
  - g) Active/Reflective listening
  - h) Definition of peer support
  - i) Resilience
  - j) Stressors
  - k) Hope